



5 Animals that our system is based on:

Tiger- Strength and Tenacity

Snake- inner strength and rhythmic endurance

Leopard- Speed and Agility

Crane- Grace and Balance

Dragon- Versatility and Indomitable

Rules to live by in and out of the studio:

- 1. Respect-** Treating others the way you want to be treated.
- 2. Discipline-** Doing the things you know you should do, when you're supposed to, without being told.
- 3. Self Control-** Controlling your behavior to fit the situation you are in.